

# The Ultimate Success Checklist

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*Instructions: Print out a copy of this checklist, and read it aloud every day. It will soon become a part of your subconscious and start to empower you in all areas of life. Try it!*

1. There are no magic solutions, no quick fixes, but you get as close as humanly possible by following proven systems that have worked for others.
2. Value your time. Realize that one hour of your time is worth at least \$1,000. Don't waste it on useless, time intensive activities.
3. No matter what you want to accomplish, there are people who know much more than you do. Use their skills to take a shortcut. By taking advantage of other people's expertise, you can reach results quickly.
4. Don't believe everything you hear. Listen to experts until you know as much as they do, then do your own research and testing to find out what works for you.
5. Sometimes the rules are wrong. Get the basics in place first, then feel free to experiment. If you find something that works, run with it.
6. Realize your value. Don't sell yourself short. When you dedicate yourself to helping people, you deserve to get paid for it – and you will be.
7. Don't reinvent the wheel. Copy genius. Study successful people and model their approach. That's the fastest way to succeed in anything.
8. Don't try to invent things that don't exist. Maximize your odds by doing what has already been done successfully. Then add your own unique twists.

9. Successful people are successful because they failed ten times more than most people, and then kept going. That's their secret.
10. You get what you believe you deserve. Work on yourself, and know that you can do it. Your results will meet your expectations.
11. Nothing happens without action. The only way to get results is to just DO it. You can take care of the details as you go along. Taking action is the key.
12. When you get a good idea, you need to apply it right away, or it will slip from your mind. Remember that, and form this new habit; I will act now. I will act now. I will act now.
13. Mistakes are unavoidable, and necessary. When you make a mistake, you are one step closer to your goal. You've just eliminated one more way that doesn't work.
14. What you send out comes back to you. Treat others with love and respect, and you'll be met with the same characteristics. No good deed is ever wasted.
15. The most powerful thing you can do is replace bad habits with good ones. You are a slave to your habits, so you might as well be a slave to good ones that empower your life.
16. It takes about a month of hard effort to replace one habit with another. When you know this, it's much easier to put up with the initial struggle. After a while it gets easy, and soon you have formed a new habit.
17. What you focus on expands. What you visualize will manifest in your life. We do not yet know how it works, but there is a force that is influenced by your thoughts. Visualize your ideal life every day.
18. No vision is too big. No goal is impossible. You may have to work hard, but anything that can be imagined can, in truth, be realized. Develop the habit of thinking that everything is possible.

19. Thinking outside the box has revolutionized many things. By applying knowledge from different fields and being creative, amazing solutions can be found – even when it seems unlikely.
20. Take care of your body, for it is indeed your temple. Through good health, you release energy into your life. And you'll need all your energy in order to realize your visions.
21. Mind and body are not separate, but work synergistically as part of a whole system. By improving your health, you'll be able to exponentially free up your potential in all areas of life.
22. Your body has the capacity to heal itself in most situations. This happens all the time, 24 hours a day, even though you're not aware of it. Your body was designed to continually heal itself. Remember this.
23. All the money in the world is useless if you don't have your health. It's better to realize this sooner than later. Take care of your body, and your mind expands as well.
24. Read something inspirational each day. By feeding your mind with empowering material, it will continuously expand, free up your potential, and keep you moving forward every day.
25. There is no status quo when it comes to life. You either grow, or diminish gradually. Make the conscious choice to grow, in all areas of life, and you'll reach levels you couldn't even imagine before.
26. Never believe that your actions don't count. The fate of the world has been changed by one person many times. Through other people, unlimited resources that are available to you, as soon as you're ready to use them.
27. Remember the butterfly effect; The flap of a butterfly's wings in Brazil can set off a tornado in Texas. You too have the power to create a positive chain reaction that touches millions of lives, through the smallest of actions. Use it well.

28. Through Random Acts of Kindness, the world can be changed. When you're nice to others for no particular reason, it rubs off, and spreads exponentially. Try it!
29. The meaning of life is what you make of it. You have the freedom to lead a meaningful life, or a wasted one. In the end, you are the one who is left to judge your accomplishments.
30. Imagine what would happen if everyone treated everyone they meet as a potential best friend, instead of a stranger. Then imagine the tremendous impact this would have on the state of the world.
31. Every day is a new start. You can completely change your life in an instant. The freedom and responsibility to choose when that happens is yours, and yours alone.
32. The mistakes of your past should be left in the past. Don't waste your strength by focusing on what cannot be changed. Devote yourself to taking actions now that will create a better future.
33. Live in the present. Yesterday is only a memory, and tomorrow is only a vision. The only thing completely under your control is what you do right NOW. Change is instant, and it is never too late.
34. By reading this text every day, you'll make these thoughts a part of your life, and they'll subconsciously start to empower you in everything you do. Create this habit.
35. Pass this document on to someone you care about. If enough people absorb the information in these few pages, magic can happen.
36. There are no limits. You truly can do anything you set your mind to.

***“There is only one success – to be able  
to spend your life in your own way.”***

*- Christopher Morley*

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